Skin Consultation Form

**SKIN DESCRIPTION**

*Skin Quality:*
- Normal ☐
- Dry ☐
- Oily ☐
- Combination ☐

*Skin Sensitivity:*
- Normal-No sensitivity ☐
- Sensitive ☐
- Very Sensitive ☐

*Skin Breakouts:*
- Acne ☐
- Occasional Pimples ☐
- Cyclical Breakouts ☐
- Rosacea ☐

*Sun Exposure:*
- Do you use sunscreen daily?
  - Yes ☐
  - No ☐
- Do you burn easily in the summer?
  - Yes ☐
  - No ☐

**GENERAL HEALTH:**

*Are you pregnant?*
- Yes ☐
- No ☐

*Do you currently take any vitamin supplements? (please specify)*

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*How much water do you consume daily?*

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*Do you have any special skincare conditions?*
- If yes, please specify:
  
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*What are your skincare goals?*

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**For Office Use Only**

Comments: ______________________

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Rx SKIN THERAPY™
SKIN ANALYZER TIPS

- Please note that all skin types may have dark purple freckling (sun damage) and dark purple circles under the eyes (dehydration) regardless of age or skin type.
- A person with Normal skin would have an overall white glow but may still show sunspots or oil in the T-zone. All skin types can have a white glow (healthy skin) but may still be oily, blemish or dry based on indicators.
- Ask if they are wearing a foundation/base or concealer (Concealer may look like dehydration under the eyes & makeup that covers well will make the face appear purple all over).

TREATMENT OPTIONS

Rosacea
- Skin Firming Serum (twice daily)
- Retinol Complex (at bedtime)
- Restoring Night Cream-Oily (morning & evening)

Hyperpigmentation (Age Spots)
- Retinol Complex or Retinol DS (at bedtime)
- Glycolic Acid Peel Gel (2 to 3 times weekly)
- Skin Firming Serum (twice daily)

Aging
- Skin Firming Serum (twice daily)
- Firming Eye Serum (twice daily)
- Retinol Complex or Retinol DS (at bedtime)

White Glow = Normal (Healthy Skin)
Orange Specks = Oil in Pores
Purple Freckling = Sun Damage
Dark Circle under eyes = Dehydration
Dark Purple Patches = Dry Skin